

**RESOLUTION NO. 2009-117**

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ELK GROVE  
AUTHORIZING THE CITY MANAGER TO EXECUTE A CONTRACT WITH VELOCITY  
SPORTS PERFORMANCE FOR THE LAW ENFORCEMENT ORIENTED FITNESS  
PROGRAM FOR A ONE YEAR TERM NOT TO EXCEED \$60,000**

**WHEREAS**, the City Council recognizes the need to reduce the cost of injuries and Workers' Compensation claim costs; and

**WHEREAS**, the key component to reducing the cost of injuries and Workers' Compensation costs is by continuing to provide strength and endurance training; and

**WHEREAS**, the City of Elk Grove wishes to continue an exercise / fitness program geared to law enforcement personnel.

**NOW, THEREFORE, BE IT RESOLVED** that the City Council of the City of Elk Grove hereby authorizes the City Manager to execute a contract with Velocity Sports Performance for the Law Enforcement Oriented Fitness Program for a one year term with compensation not to exceed \$60,000 for the term of the contract.

**PASSED AND ADOPTED** by the City Council of the City of Elk Grove this 10<sup>th</sup> day of June 2009.



**PATRICK HUME, MAYOR of the  
CITY OF ELK GROVE**

**ATTEST:**



**SUSAN J. BLACKSTON, CITY CLERK**

**APPROVED AS TO FORM:**



**SUSAN COCHRAN, CITY ATTORNEY**

**CERTIFICATION**  
**ELK GROVE CITY COUNCIL RESOLUTION NO. 2009-117**

**STATE OF CALIFORNIA            )**  
**COUNTY OF SACRAMENTO        )**        **ss**  
**CITY OF ELK GROVE             )**

***I, Susan J. Blackston, City Clerk of the City of Elk Grove, California, do hereby certify that the foregoing resolution was duly introduced, approved, and adopted by the City Council of the City of Elk Grove at a regular meeting of said Council held on June 10, 2009 by the following vote:***

**AYES :            COUNCILMEMBERS:        *Hume, Scherman, Cooper, Davis, Detrick***

**NOES:            COUNCILMEMBERS:        *None***

**ABSTAIN :        COUNCILMEMBERS:        *None***

**ABSENT:         COUNCILMEMBERS:        *None***



***Susan J. Blackston, City Clerk***  
***City of Elk Grove, California***